

## 17. /h/ him

Open your mouth and push air up and out straight from the lungs. Imagine that you have been running and are out of breath. Practise controlling the amount of air you expel so that you always have some in reserve. Do not use this sound for linking.

### *PRACTICE*

A. hip hop hill hell hit horse home happy

B. perhaps behave behind unhappy inhuman

C. who whom whose whole whooping

D. **silent /h/**

(h)eir (h)our (h)onest (h)onour ve(h)icle

r(h)yme r(h)ythm ex(h)hibition shep(h)erd

- E. Say slowly, then faster and faster. Don't be afraid to exaggerate when saying /h/.
1. Handsome is as handsome does.
  2. Cold hands, warm heart.
  3. Heaven helps him who helps himself.
  4. He that has ears to hear let him hear.
  5. It's not the hopping over hedges that hurts the horses' hooves; it's the hammer, hammer, hammer on the hard high road.